Gender identity and psychosexual disorders

Gender identity disorder is a condition characterized by a persistent feeling of discomfort and inappropriateness about one’s anatomic sex and a persistent wish to be rid of one’s genitals and to live as a member of the other sex. This anxious state is characterized by feelings of confusion. The subsequent development of unwanted secondary sex characteristics, especially in males, increases a person's anxiety and frustration. These activities often leave individuals with a profound sense of discomfort and inappropriateness about one’s anatomic sex and a persistent wish to be rid of one’s genitals and to live as a member of the other sex. Epidemiology